

HOC Fall Conference Agenda

November 6 - 9, 2023

[Agenda is subject to change](#)

Sunday, Nov 5

4:00-8:00 Registration Check-in Table & Training Materials

Monday, Nov 6

8:00-9:00 Registration Check-in Table & Training Materials
Breakfast

9:00-9:30 Welcome & day's schedule
Energizer
How to set up a space

9:30-10:00 Building expectations / ground rules
Digital Story: Canoe Journey as Metaphor

10:00-10:15 Break

10:15-11:00 Roots of HOC
Energizer

11:00-12:00 Curriculum Overview
How We Teach, Mutually Respectful Learning

12:00-1:00 Lunch

1:15-2:45 Managing Yourself and the Classroom
Cultural Humility
Self-Awareness & Self-Regulation
Emotional Contagion & Emotional Regulation
Vulnerability vs Oversharing
Triggers

2:45-3:00 Break

3:00-4:00 Building A Successful Team

4:00-4:05 Closing Activity

Tuesday, Nov 7

- 8:00-9:00 Breakfast
- 9:00-9:15 Welcome & review days schedule
Energizer
- 9:15-10:00 Facilitation Practice
- 10:00-10:15 Break
- 10:15-11:45 Group Presentations
- 11:45-12:00 Group Photo - have everyone wear shirts from check-in
- 12:00-1:00 Lunch
- 1:15-2:15 Tracks - Organizations break up into their groups and work on curriculum
- 2:15-2:45 Ice Breaker Frenzy - Trainers share their favorite ice breakers
- 2:45-3:00 Break
- 3:00-4:00 Tracks - Organizations break up into their groups and work on curriculum
- 4:00-4:05 Closing Activity
- 6:00-9:00 Cultural Sharing & Dinner

Wednesday, Nov 8

- 8:00-9:00 Breakfast
- 9:00-9:15 Welcome & review days schedule
Energizer
- 9:15-10:15 QPR Training
- 10:15-10:30 Break
- 10:30-12:00 Suicide Prevent – Teaching those modules
Being Trauma Informed
Energizer
How to Connect the Curriculum to Your Community

Evaluations

12:00-1:00	Lunch
1:15-2:45	Tracks - Organizations break up into their groups and work on curriculum
2:45-3:00	Break
3:00-4:00	Tracks - Organizations break up into their groups and work on curriculum
4:00-4:05	Closing Activity

Thursday, Nov 9

8:00-9:00	Breakfast
9:00-9:30	Welcome and days' schedule Honoring the Journey Energizer
9:30-10:15	Honoring Ceremony
10:15-10:30	Break
10:30-12:00	Facilitation Practice
12:00-1:00	Lunch
1:00-2:30	Group Presentations
2:30-4:00	Strategic Planning for Implementation Technical Assistance Advisory Board